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## THINGS TO REMEMBER

## **GENERAL**

YOU WILL WALK FROM YOUR PARKING SPOT AND TO THE IMAGING INSTITUTE.
 LET US KNOW IF YOU NEED HELP.

**NOTE:** A PARENT MUST STAY ON-SITE FOR THE STUDY. PLEASE PLAN FOR THIS.

## **MEDICINES**

- LET US KNOW ANY MEDICINES (OVER-THE-COUNTER OR FROM A DR.) THAT YOUR CHILD TOOK.
- IF CHILD NEEDS, TRY NON-DROWSY ALLERGY MEDICINE FOR THE DAY.

#### **FOOD**

- EAT A HEALTHY BREAKFAST.
- BRING SNACKS AND/OR LUNCH.
- TRY FOODS/DRINKS WITH LOW SUGAR AND NO CAFFEINE.

#### WEAR

- YOU AND YOUR CHILD SHOULD WEAR SHOES GOOD FOR WALKING.
- YOUR CHILD SHOULD WEAR SHOES WITH SOCKS FOR THE SCAN.
- YOUR CHILD SHOULD WEAR CLOTHES WITH NO METAL. NO ZIPPERED HOODIES.
  NO METAL SEQUINS. NO METAL STITICHING. NO METAL BUTTONS. (METAL BUTTONS AND ZIPPERS ON PANTS ARE OK).
- TAKE OFF ANY METAL ON YOUR CHILD. NO EARRINGS. NO BARRETTES. NO BOBBY PINS. NO WATCHES. NO NECKLACES.
- TAKE OUT HAIR BEADS, BRAIDS, TWISTS, PIGTAILS, AND PONYTAILS. THESE STYLES CAN PRESS ON YOUR CHILD'S HEAD IN THE SCANNER.

#### BRING

- FINDINGS OF ADHD (FROM DR.) OR READING DISABILITY (FROM SCHOOL).
- LONG PANTS AND/OR A SWEATER FOR YOUR CHILD.
- UMBRELLA.
- STUFFED ANIMAL OR OTHER COMFORT ITEM FOR YOUR CHILD (NO METAL).